



Study. Work. Travel.

# SOME OF YOUR STUDENTS WOULD LIKE TO DO AN EXCHANGE PROGRAM ABROAD ?

## Here are some tips to get them ready !



LAURINE DE MENNA

# Summary

01

Presentation of the high school program and destinations

02

When your students can have this experience

03

Activities you can do in your classroom to prepare your students

04

Story telling from our student Eva Pirlet who has been to the United States as an exchange student

# HIGH SCHOOL'S DESTINATIONS





# HIGH SCHOOL PROGRAM

LIVING AS A LOCAL

DISCOVERY OF A  
NEW CULTURE

HOST FAMILY

GROWING UP

MAKING NEW FRIENDS

# TWO TYPES OF PROGRAMS

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## EXPEDIS

- 3rd, 4th, 5th or 6th grade
- Trimester, semester or school year  
(Trimester for 6th grade)
- Year counts
- Implemented by the [Wallonia-Brussels Federation](#)

## "SECONDE RHÉTO"

- Graduated students
- Trimester (under conditions), semester or school year
- [Forem Plan Langues](#) grant

# Some activities you can do to prepare your students

## 01 BRAINSTORMING with your students :

- What is an exchange program ?
- Which images do you have about ... ?
- Why would you do this experience?

02

# Activities talking about the **CULTURE SHOCK** experienced in this type of adventure

- Come up with a list of **stereotypes** about countries and ask students if they are true or not, like :

**USA** : They are eating poorly and are obese / Americans are all armed.

**CANADA** : They put maple syrup in all their meals / Canadians are all lumberjacks.

**SOUTH AFRICA** : There are only animals and desert there.

**NETHERLANDS** : They all ride bikes / They are tall, blond, with blue eyes.

**UNITED KINGDOM** : They only drink tea / It rains all the time.

**IRELAND** : They are all redheads.

**AUSTRALIA** : They all surf there / The weather is always nice and warm.

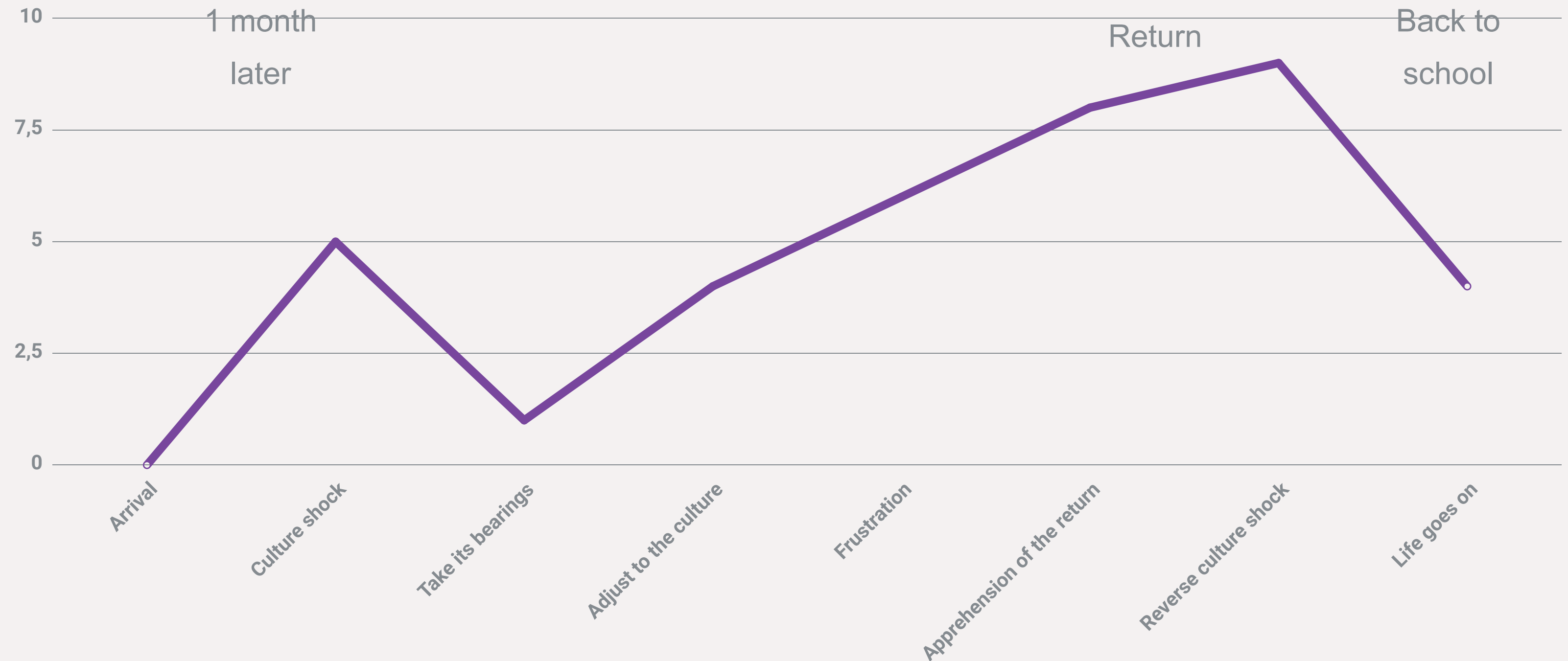
**NEW ZEALAND** : They walk barefoot in the street.



- Compare the ideas of all the students and try to find commonalities between all the groups
- Warn the students about the ideas put forward in the previous point

### Student's evolution during a high school program

Evolution of the mood





# CULTURE SHOCK

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03

Try to guess as many states  
as possible in the USA with this map



+

Talk about American  
culture, political  
trends,...

04

# Do a **BLIND TEST**

Dick Annegarn : Bruxelles (**Netherlands**)

Hozier : Take me to church (**Ireland**)

Justin Bieber : Ghost (**Canada**)

Maroon 5 : Memories (**United States**)

MasterKG: Jerusalema (**South Africa**)



05

# Do a QUIZZ

Where does Route 66 start and end ?

New York to Los Angeles

Chicago to Los Angeles

Memphis to Los Angeles

How many time zones are there in Canada ?

1

3

6

In the world, Dutch men are considered:

The noisiest

The cheapest

The biggest

What Irish symbol is used by the Irish rugby team ?

The shamrock

South Africa organises races in some regions of :

Ostrich

Dromedary

Elephant

What are the recognized national sports in Canada ?

American Football and Baseball

Basketball and Soccer

Field hockey and Lacrosse

06

Give **special idioms** and ask students to put them in context

Once in a  
blue moon

To rain  
cats and dogs

To spill the  
beans

To jump on  
the bandwagon

To break  
a leg

To miss  
the boat

To cost an arm  
and a leg

To take it with  
a pinch of salt

To have cold feet

To create a  
storm in a  
teacup



Story telling from

# EVA PIRLET

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Exchange student in the  
United States







# My School Semester in The Usa

by Eva Pirlet





# Presentation

- Name : Pirlet Eva
- I left from August 2019 to December 2019
- I went to Alaska
- Association : Information Planet







# My Motivations

- Discover a new culture
- Improve my English
- Meet new people
- understand another point of view
- Open up to the world







- English test
- Psychological interview
- file to be completed (cover letter, presentation, newsletter, recommendation, medical file, etc.) with the help of infoplanet
- possibility of a Forem scholarship (in Wallonia)





# My stay

## Meeting with my family







# My High school life





# My stay

## Highlights



Homecoming



Spirit week



My stay

Highlights



Halloween



Christmas



Family trip





After my experience



- Fluent in English
- Maturity
- Boost of confidence
- Open-mindedness
- More independent
- Friends and Family all around the world







Thank you :)

# Thank you for your attention !



## Any questions ?